

TISHK INTERNATIONAL UNIVERSITY / Erbil

Sustainable Development Goals Reports: 2023-2024

3 GOOD HEALTH
AND WELL-BEING



Providing Dental Care Service for Kindergarten and School

On February 27, 2024, the Faculty of Dentistry at Tishk International University conducted a dental care service project at Zhyan Kindergarten and Primary School, supporting SDG 3: Good Health and Well-being. Faculty members and nine volunteer students provided dental checkups and home care instructions to 350 students, promoting preventive dental health. The initiative included live demonstrations on proper brushing techniques and provided each student with a treatment plan. Additionally, primary students received gift bags with school supplies. The project fostered awareness of oral health, ensuring children have access to necessary dental care and supporting overall well-being in the community.

Link:
<https://dentistry.tiu.edu.iq/providing-dental-care-service-for-kindergarten-and-school/>



Dental Education and Service for Hiwa Institution

On March 2, 2024, the Faculty of Dentistry at Tishk International University conducted a dental education and service project at the Hiwa Institution for children with hearing impairments, aligning with SDG 3: Good Health and Well-being. Nine fourth-stage students and five faculty members provided dental checkups and home care instructions to 150 students, using engaging demonstrations to teach proper brushing techniques. The following day, students and staff from Hiwa Institution visited TIU for a tour, where they learned about oral hygiene and enjoyed lunch. This initiative emphasized the importance of oral health education, fostering awareness and support for children's well-being.

Link: <https://dentistry.tiu.edu.iq/dental-education-and-service-for-hiwa-institution-m>



National Workshop on Combating Drugs

On December 3, 2023, Tishk International University's International Relations and Diplomacy Department held a National Workshop on Combating Drugs, supporting SDG 3: Good Health and Well-being. Key speakers Brigadier Dr. Shwan Arab Sadiq and Colonel Hakim Omer Rahman discussed the police's role in crime prevention and the risks of drug abuse, stressing the need for awareness campaigns, education, and rehabilitation. The workshop concluded with recommendations on crime prevention, youth job creation, and community education, fostering a collaborative approach to addressing drug-related issues and promoting health and safety in the region.

Link:

<https://business.tiu.edu.iq/international/ird-departme/nt-organizes-national-workshop-on-combating-drugs>



6th International Pharmacy Workshop

The 6th International Pharmacy Workshop at Tishk International University emphasized SDG 3—Good Health and Well-being—by focusing on innovative cancer research and patient care. Held on May 29, 2024, the event gathered experts to discuss advancements in oncology. Keynote speakers included Dr. Khaled Khraisat, who addressed oncology research challenges in the MENA region, and Dr. Yazan Al Thaher, who highlighted nanotechnology's role in cancer diagnosis and treatment. Further insights were shared on PET-CT's application in Hodgkin Lymphoma follow-up and innovative antibacterial bone implants. This workshop supported SDG 3 by fostering collaboration to improve health outcomes for cancer patients.

/Link: <https://pharmacy.tiu.edu.iq/6th-international-pharmacy-workshop-tishk-international-universi>



4th National Tishk Pharmaceutical Conference

The 4th National Tishk Pharmaceutical Conference, held at Tishk International University on May 28-29, 2024, supported SDG 3: Good Health and Well-being through insights on pharmacology and nanotechnology. Experts like Dr. Khaled Khrasiat discussed nanotech in drug delivery, while Dr. Rojgar Hamed covered pharmacogenetics. With 150 participants from Iraqi universities, the conference encouraged networking and research exchange. A poster session allowed students and researchers to showcase findings, emphasizing sustainable, innovative healthcare research in alignment with SDG 3's health improvement goals.

Link:

<https://pharmacy.tiu.edu.iq/4th-nation/al-tishk-pharmaceutical-conference>



IDCB Community Service Project: Nanakaly Hospital Visit

The ICDB Community Service Project at Tishk International University exemplified SDG 3—Good Health and Well-being—through a visit by pharmacy students to Nanakali Hospital on May 23, 2024. Students provided gifts and engaged with young cancer patients, aiming to uplift their spirits and bring joy. This heartfelt interaction, filled with smiles and shared moments, not only brightened the children's day but also taught students the value of empathy and compassion. The project fostered community support, encouraging social cohesion and a culture of kindness, thereby supporting sustainable health and well-being for patients and the wider community.

Link:

<https://pharmacy.tiu.edu.iq/idcb-communi/ty-service-project-nanakaly-hospital-visit>



Autism Awareness Community Project

The Autism Awareness Community Project at Tishk International University, led by the Faculty of Pharmacy, aligns with SDG 3—Good Health and Well-being—by fostering awareness and support for autism. Celebrating World Autism Awareness Day on April 3, 2024, the project included activities like a food fundraiser that raised 1,500,000 IQD, visits to an autism center, and gift distributions for children and teachers. These efforts emphasized compassion and community service, with activities such as face painting and interactive engagements for autistic children. This initiative promotes health, inclusivity, and awareness, while reducing inequalities and supporting community cohesion around autism advocacy.

Link:

<https://pharmacy.tiu.edu.iq/autism-awareness-community-project>



Dr. Aras Community Program

On February 28, 2024, Tishk International University students participated in the Public Health Community Project, enhancing SDG 3—Good Health and Well-being. The event featured welcoming addresses from university leaders, emphasizing TIU's commitment to quality education and community service. The initiative encouraged collaborative health projects, fostering engagement and support for public health improvement.

Link:

<https://pharmacy.tiu.edu.iq/dr-aras-community-program/>



Ensure healthy lives and promote well-being for all at all ages



International Epilepsy Day - Milestones Achieved Towards Mental Health and Well Being

On February 12, 2024, Tishk International University held a workshop for International Epilepsy Day, promoting SDG 3—Good Health and Well-being. Dean Dr. Abdul Samad Salahudin emphasized the importance of awareness about epilepsy, while expert Dr. Gulshan Talat Kahvechi presented on seizure types and their impact on mental health. The event fostered empathy and provided education, contributing to better understanding and support for individuals with epilepsy, thereby enhancing mental health awareness and reducing inequalities in healthcare access.

Link:

<https://pharmacy.tiu.edu.iq/international-epilepsy-day-milestones-achieved-towards-mental-health-and-well-being>



Drug Misuse and Abuse Community Service Project

On November 23 and 27, 2023, Tishk International University's Faculty of Pharmacy launched the Drug Misuse and Abuse Community Service Project, raising awareness about drug misuse and antimicrobial resistance. Research assistants and students visited Nilufer Girls' High School and Ishik Ronaki International School, delivering engaging presentations and interactive activities. This initiative fostered responsible behavior and informed students, contributing to the development of a healthier, more aware generation in alignment with SDG 3—Good Health and Well-being.

Link:

<https://pharmacy.tiu.edu.iq/drug-misuse-and-abuse-community-service-project>



Workshop on Breast Cancer Awareness

On October 23, the Faculty of Pharmacy at Tishk International University, in partnership with TAKVIN Organization, held a crucial workshop for Breast Cancer Awareness Month. The event featured presentations from experts on surgical techniques, self-examination, clinical signs, radiological diagnosis, and treatment modalities. These discussions emphasized the importance of early detection and the pharmacist's role in patient counseling, promoting health awareness and education. This initiative aligns with SDG 3, aiming to improve health and well-being for all.

Link:

<https://pharmacy.tiu.edu.iq/honor-of-breast-ca/ncer-awareness-month-workshop>



World Sight Day Workshop

On October 12, 2023, the Faculty of Pharmacy at Tishk International University hosted a workshop for World Sight Day, focusing on eye health and preventive care. Dr. Esra Bayraktar opened the event, followed by presentations from Dr. Ramadhan Khidher on common eye problems and Dr. Nawshad N. Ramadhan on red eye causes and treatments. The workshop aimed to enhance public awareness of ocular health, aligning with SDG 3 to promote good health and well-being.

Link:

<https://pharmacy.tiu.edu.iq/world-sight-day/-workshop>



Complication and Management of Diabetes Mellitus Workshop

On October 5, 2023, Tishk International University's Faculty of Pharmacy hosted a National Workshop on Diabetes Mellitus. Dr. Soran H. Zangana presented on the pathophysiology and management strategies for diabetes, followed by Dr. Marwan Q. Nadir, who discussed pharmacological treatments and the mechanisms of action of antidiabetic drugs. This workshop aimed to enhance understanding of diabetes, aligning with SDG 3 for promoting good health and well-being.

Link:

<https://pharmacy.tiu.edu.iq/complication-and-management-of-diabetes-mellitus-workshop-faculty-of-pharmacy-at-tishk-international-university-held-a-workshop-on-5th-of-october2023-about-complicati/on-and-management-of-diabetes-mel>



Autism Day Awareness

On April 2nd, the Faculty of Pharmacy at Tishk International University marked World Autism Awareness Day, advancing SDG 3 by promoting health education and social inclusivity for individuals with autism. Faculty members and 17 student volunteers organized activities to engage children at an autism center in Erbil, creating a supportive environment for families. Volunteers distributed educational brochures on autism care, decorated the center, and facilitated interactive activities like face painting and hand printing. The event fostered community understanding, emphasized the importance of mental and social well-being, and highlighted the need for accessible resources for individuals with autism and their families.

Link: <https://pharmacy.tiu.edu.iq/autism-day-awareness>



International Workshop on Drug Safety Monitoring to Enhance Patient Safety and Health

On February 27, 2023, Tishk International University held the 5th International Pharmacy Workshop on Drug Safety Monitoring, focusing on patient safety innovations. Experts, including Assoc. Prof. Dr. Mahmathi Karuppannan and Dr. Bootan Abdulgader Salih, discussed key issues in reducing medication errors and the role of technology in pharmacovigilance. The workshop underscored pharmacists' essential role in drug safety and the importance of collaboration to improve health outcomes. This aligns with SDG 3 by fostering strategies to reduce medication-related harm and enhance patient care practices.

Link:

<https://pharmacy.tiu.edu.iq/workshop-on-drug-safety-monitoring-to-enhance-patient-safety-and-health-2>



National Seminar on Psychiatric and Mental Health

The Nursing Department at TIU organized a community seminar for International Mental Health Day, led by Dr. Moslih Sabir Kareem. The event aimed to raise mental health awareness, encourage seeking care, and dispel treatment myths, supporting SDG 3 by promoting mental well-being and reducing stigma around mental health issues.

Link: <https://nursing.tiu.edu.iq/nursing/mental-health-day-psychiatric>



First Aid Training Course

On February 16, 2023, Tishk International University's Nursing Department hosted a National Workshop on Basic Life Support First Aid, themed "When Seconds Count." The workshop emphasized the critical role of first aid in preserving life. Dr. Dara Abdulla introduced the importance of first aid, followed by sessions on cardiopulmonary resuscitation (CPR) and choking interventions, presented by Mr. Hilal Farouq and Mrs. Asmaa Yaseen, respectively. Participants actively engaged in demonstrations and discussions, enhancing their skills to respond effectively in emergencies. This initiative aligns with SDG 3 by promoting health education and emergency preparedness in the community.

Link: <https://nursing.tiu.edu.iq/nursing/first-aid-training-course>

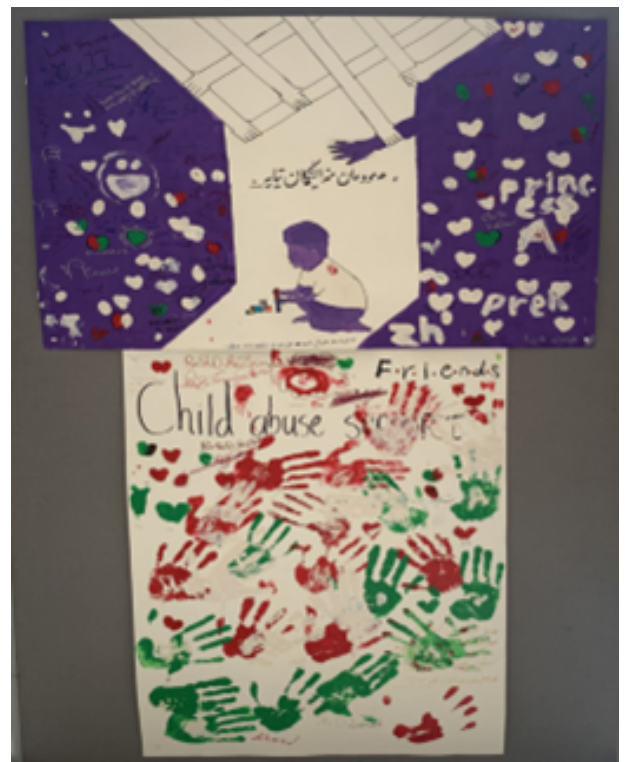


2nd National Workshop on The Effects of Child Abuse on Mental Health, Growth and Development

On March 2, 2023, the Faculty of Nursing held the Second National Workshop on the Effects of Child Abuse on Mental Health, Growth, and Development. Led by psychiatrists Dr. Nasraw Mustafa Mahmud and Dr. Mohammed Qadir Khoshnaw, with nurses Miss Yosra Raziani and Miss Chopy Hasib, the event drew 130 participants in-person and online. The workshop raised awareness on abuse types, impacts, and cultural misconceptions, promoting SDG 3 by advancing children's mental health and well-being.

Link:

<https://nursing.tiu.edu.iq/nursing/2nd-national-workshop-on-the-effects-of-child-abuse-on-mental-health-growth-and-development>



Cyber Security of Social Media and Silent Killer of Mental Health

On March 7, 2023, the Nursing Department held a seminar titled “Cyber Security of Social Media and Silent Killer of Mental Health,” led by Mr. Goran N. Saleh. Aimed at nursing students, it explored social media's impact on mental health, addressing issues like addiction, cyberbullying, and self-esteem. The seminar emphasized balancing online activity with face-to-face interactions to reduce loneliness and anxiety, aligning with SDG 3 by promoting mental well-being and healthier social media use.

Link:

<https://nursing.tiu.edu.iq/nursing/cyber-security-of-social-media-and-silent-killer/-of-mental-health>



Environmental Health and Safety Community University Partnership Project

On May 2 and May 10, 2023, the Nursing Department partnered with Ishik Kindergarten for the “Environmental Health and Safety Community University Partnership Project.” Nursing students conducted a seminar series to educate children on sleep patterns, personal hygiene, road safety, nutrition, and environmental hazards, enhancing their awareness and quality of life. On May 10, students distributed brochures on topics like environmental protection and self-care, promoting health awareness among kindergarteners and encouraging discussions at home. This initiative contributes to SDG 3 by fostering healthier communities and environments.

Link:

<https://nursing.tiu.edu.iq/nursing/environmental-health-and-safety-community-university-partnership-project>



International Nurses Day

On May 18, the Nursing Department celebrated its inaugural International Nurses Day Festival, honoring the global contributions of nurses and aligning with the WHO's theme for 2023, "Our Nurses, Our Future." The event showcased nursing students' skills, emphasizing first aid techniques (CPR, choking response, burn care), healthy eating, and personal hygiene. Key figures, including Dr. Idris Hadi and Dr. Abdulsamad, attended to support and congratulate the students. This initiative enhances awareness of vital health issues, contributing to SDG 3 by promoting health education and celebrating the nursing profession.

Link:

<https://nursing.tiu.edu.iq/nursing/international-nurses-day-festival>



5th Blood Donation Campaign

On May 18, 2023, the Faculty of Nursing at Tishk International University organized its 5th annual Blood Donation Campaign, promoting community engagement in lifesaving blood donation. Collaborating with the Erbil Blood Bank Center, the event provided a safe environment for voluntary donations, utilizing professional staff and equipment. Donations will support cancer patients, highlighting the campaign's impact on health and wellbeing. This initiative aligns with SDG 3 by enhancing health outcomes through increased access to blood supplies, demonstrating how individual contributions can significantly affect many lives.

Link: <https://nursing.tiu.edu.iq/nursing/5th-blood-donation-campaign>



Pediatric First Aid Training Course

From September 17 to September 24, 2023, the Faculty of Nursing at Tishk International University organized a six-day Pediatric First Aid Training Course titled "Learn First Aid as a Parent to Save Your Kids." Led by Head of Department Dr. Dara Abdulla Al-Banna and three experienced trainers, the course aimed to equip 33 participants with essential first aid skills to enhance child safety and health, supporting SDG 3's goal of ensuring healthy lives.

Link: <https://nursing.tiu.edu.iq/nursing/pediatric-first-aid-training-cours>



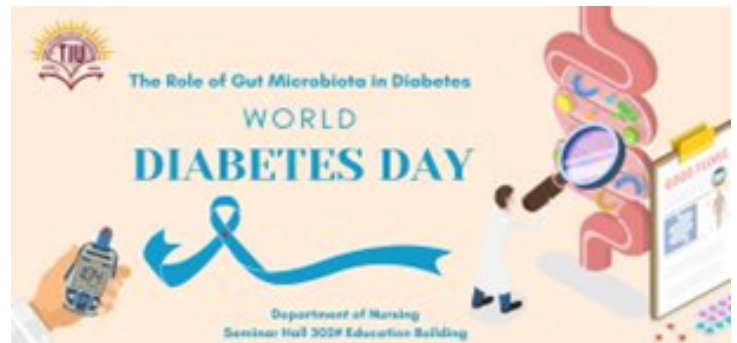


World Diabetes Day Event

On November 14, 2023, the Nursing Department at Tishk International University organized an event in honor of World Diabetes Day, emphasizing the “Role of Gut Microbiota on Diabetes,” presented by MSc. Goran N. Saleh. This event aimed to raise awareness among faculty and healthcare professionals about diabetes prevention and management. By fostering educational initiatives and promoting healthy lifestyles, the event aligned with SDG 3’s objective of ensuring healthy lives and promoting well-being for all at all ages, underscoring the importance of collective action against diabetes.

Link:

<https://nursing.tiu.edu.iq/nursing/world-diabetes-day-event>



“Brain Drain” Sminar

On November 16, 2023, the Nursing Department at Tishk International University hosted a seminar led by Prof. Dr. Hiwa Banna on “Brain Drain.” The seminar highlighted the critical role of sleep in brain health, focusing on the detoxification process facilitated by the glymphatic system, which clears toxins like beta-amyloid associated with Alzheimer’s and Parkinson’s diseases. Dr. Banna emphasized that quality sleep is essential for neuronal maintenance, including synaptic pruning, where unnecessary connections are eliminated, promoting stronger neural pathways. By effectively flushing out toxins, adequate sleep may protect against neurodegenerative diseases, aligning with SDG 3’s goal of ensuring healthy lives and well-being for all.

Link: <https://nursing.tiu.edu.iq/nursing/brain-drain-semi>



1st National Workshop on Infectious Diseases Awareness and Prevention: AIDS International Day

On December 13th, 2023, Tishk International University's Nursing Department, in collaboration with the Faculties of Pharmacy and Dentistry, hosted the 1st National Workshop on Infectious Diseases Awareness and Prevention, coinciding with World AIDS Day. The interdisciplinary workshop aimed to educate staff and students on infection awareness and prevention. Participants received essential training on transmission pathways, proper hygiene practices, and vaccination advocacy. Engaging discussions led by experts, including Mr. Goran Noori Saleh and various healthcare professionals, emphasized proactive community health strategies. This initiative aligns with SDG 3 by fostering knowledge and empowering individuals to safeguard their health and well-being.

Link:

<https://nursing.tiu.edu.iq/nursing/1st-national-workshop-on-infectious-diseases-awareness-and-prevention>



1st International Symposium on Patient Safety

On February 21st, 2024, the Faculty of Nursing at Tishk International University participated (online) in the 1st International Symposium on Patient Safety in collaboration with the University of Almeria, University of Lahore, and Tehran University of Medical Sciences. The symposium addressed critical topics such as maternity safety, risk management, infection control, and nurses' well-being. Featuring international speakers, including Asst. Prof. Dr. Dara Abdullah Al-Banna as a keynote speaker, the event aimed to improve patient safety and clinical risk management while fostering collaboration among healthcare professionals, stakeholders, and academics, thus contributing to SDG 3.

Link:

[/https://nursing.tiu.edu.iq/nursing/1st-international-symposium-on-patient-safety](https://nursing.tiu.edu.iq/nursing/1st-international-symposium-on-patient-safety)



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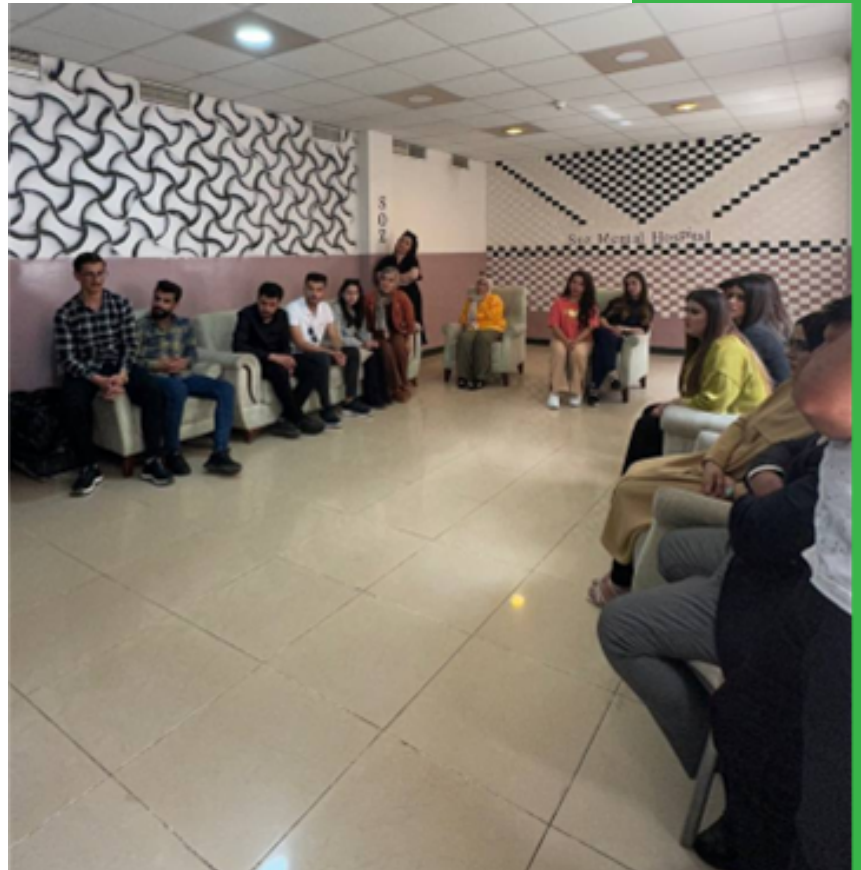
Hananeh Shaban Bolukat
(BSc Nursing Student)
School of Nursing and
Midwifery, Tehran University of
Medical Sciences, Iran
(Moderator)

A Scientific trip to” Soz Mental Hospital” in Sulaymaniyah Governorate

On May 22, 2023, the Faculty of Nursing at Tishk International University organized a scientific trip to Soz Mental Hospital in Sulaymaniyah to enhance students' understanding of mental health and psychiatry. Led by Dr. Mosleh Sabir and nursing faculty, the trip included a session on positive mental health and various conditions. Students interacted directly with patients, gaining practical insights into mental health care, respect, and consent. This experience emphasized the importance of mental health in the community and aligned with SDG 3 by promoting well-being and enhancing students' competencies to support mental health initiatives in their future careers.

Link:

<https://nursing.tiu.edu.iq/nursing/a-scientific-trip-to-soz-mental-hospital-in-sulaymaniyah-governorate>



School-based Health Promotion Community- University Partnership Project

On December 5, 2023, the Nursing Department at Tishk International University partnered with Ishik Brayaty International Primary School for a School-Based Health Promotion project. Students organized a poster display to raise awareness about healthy sleep hygiene, road safety, dental care, handwashing, and responsible gadget use. This initiative culminated on December 19 with brochures distributed to encourage discussions at home, reinforcing the importance of health education in promoting community well-being in alignment with SDG 3.

Link: <https://nursing.tiu.edu.iq/nursing/school-based-health-promotion-community-project>



School-based Health Promotion Community- University Partnership Project

1st International Nursing and Midwifery Conference

The Faculty of Nursing at Tishk International University, in collaboration with Hawler Medical University, the University of Ninevah, and the Ministry of Health-KRG, hosted the 1st International Nursing and Midwifery Conference from January 25th to 27th, 2024. Themed “Improving Healthcare Through the Development of Nursing and Midwifery Professions,” the conference facilitated dialogue among nursing and midwifery professionals, focusing on challenges and solutions in the field. It featured seven workshops led by international experts and included distinguished guests, promoting knowledge exchange and collaboration to enhance healthcare delivery and support the advancement of nursing and midwifery, in alignment with SDG 3.

Link: <https://applied-science.tiu.edu.iq/medical-analysis/healing-in-harmony-national-workshop>



Cancer Awareness: A guide to early diagnosis and prevention

On February 16, 2023, the Faculty of Applied Science at Tishk International University organized a national workshop on cancer awareness, aligned with SDG 3: Good Health and Well-being. This workshop aimed to educate students, faculty, and the public on both solid tumors and hematologic malignancies, focusing on early detection and preventive measures to reduce cancer incidence. Led by expert speakers, including Dr. Sami Saleem and Dr. Talar Muhammed, the sessions covered cancer types, diagnostic tools like CBC, and methods for reducing associated stigma. The event emphasized the importance of awareness, early diagnosis, and preventative strategies, fostering a proactive approach to combat cancer's impact on community health.

Link:

<https://applied-science.tiu.edu.iq/medical-analysis/cancer-awareness-a-guide-to-early-diagnosis-and-prevention>



National Workshop: Harmony in Healing

The Medical Analysis Department at Tishk International University held the national workshop "Harmony in Healing" in collaboration with Nanakaly Hospital, focusing on SDG 3: Good Health and Well-being by highlighting mental health's vital role in cancer treatment. The event brought together survivors, experts, and healthcare leaders, including Dr. Mohammed Qadir and Dr. Hardee J. Sabir, to discuss how mental resilience can support cancer recovery and improve treatment outcomes. Dr. Sabir shared local cancer statistics and the hospital's integrative care approach. Cancer survivor Ms. Ahang Kawany inspired attendees with her journey, underscoring the power of positivity in healing. This successful workshop underscored mental health as essential in holistic cancer care.

Link:

[/https://applied-science.tiu.edu.iq/medical-analysis/healing-in-harmony-national-workshop](https://applied-science.tiu.edu.iq/medical-analysis/healing-in-harmony-national-workshop)



National Workshop on Fundamental Techniques in Cell Culture

In alignment with SDG 3: Good Health and Well-being, Tishk International University's Medical Analysis Department is hosting a workshop on “Fundamental Techniques in Cell Culture” in collaboration with Hawler Medical University on December 5, 2023. The workshop will educate attendees on essential cell culture techniques, which are crucial for advancing research in medical science and therapeutic development. Featuring expert insights from Dr. Mahmoud Ahmed Chawsheen and Dr. Peshraw Salih Hamadamin, this event aims to enhance participants' practical knowledge in cell culture, supporting skill development in biomedical research and contributing to improved healthcare outcomes in the region.

Link: <https://tiu.edu.iq/fundamental-techniques-in-cell-culture-national-workshop>



World AMR Awareness Week National Workshop

In support of SDG 3: Good Health and Well-being, Tishk International University and Hawler Medical University are co-hosting a National Workshop on Anti-Microbial Resistance (AMR) Awareness on November 22, 2023. This workshop aims to address the escalating threat of AMR by bringing together medical professionals, researchers, and policymakers to foster greater awareness and education on the topic. Featuring presentations by experts like Asst. Prof. Dr. Salah Tofiq Balaky and M.Sc. Soran Kayfi Najmaldin, the event will cover recent research and engage participants in panel discussions to explore strategies to combat AMR, underscoring the need for collective action to protect public health.

Link: <https://tiu.edu.iq/antimicrobial-resistance-awareness-national-workshop>



Crimean Congo Hemorrhagic Fever Workshop

On October 23, 2023, Tishk International University, in collaboration with Hawler Medical University, held a National Workshop on Crimean-Congo hemorrhagic fever virus (CCHFV), supporting SDG 3: Good Health and Well-being. This tick-borne virus, prevalent in various regions including KRI, poses serious health risks. The workshop, featuring experts like Dr. Amin Aziz Bakir and Dr. Ramiar Kamal Kheder, explored the immunobiology, patient outcome variations, and the immune-inflammatory response to CCHFV. Attendees from both universities gained valuable insights into the virus's pathology, prevention, and control, enhancing awareness and capacity to address this public health concern effectively.

Link: <https://tiu.edu.iq/national-workshop-crimean-congo-hemorrhagic-fever>

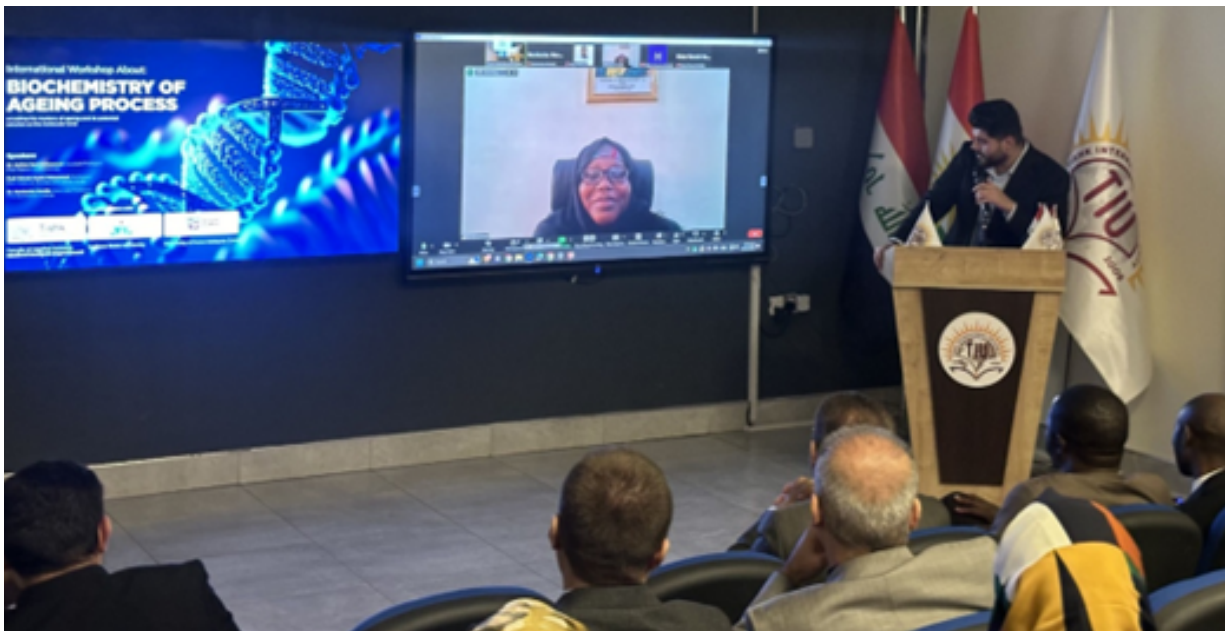


International Workshop on Biochemistry of Ageing Process

In alignment with SDG 3: Good Health and Well-being, Tishk International University's Medical Analysis Department, in collaboration with the University of Putra Malaysia and Kaduna State University, hosted an international workshop on the "Biochemical Process of Ageing" on December 14, 2023. The event explored the science behind ageing, covering topics such as DNA damage, oxidative stress, and mitochondrial dysfunction. Renowned speakers, including Prof. Dr. Jaafaru Sani Mohammed and Prof. Zainab Kasim Mohammed, led sessions that deepened understanding of ageing and related conditions, supporting advancements in health research and fostering international collaboration in the field of biochemistry and ageing.

Link:

<https://applied-science.tiu.edu.iq/medical-analysis/biochemistry-of-ageing-process-international-workshop-2>



Crimean Congo Hemorrhagic Fever Workshop

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Link:

<https://applied-science.tiu.edu.iq/medical-analysis/biochemistry-of-ageing-proc/ess-international-workshop-2>



TISHK INTERNATIONAL UNIVERSITY / Sulaimani Sustainable Development Goals Reports: 2023-2024

3 GOOD HEALTH
AND WELL-BEING



1st Scientific Summit for Physiotherapy

On World Physiotherapy Day, observed globally on September 8th, Tishk International University in Sulaimani proudly hosted its 1st Scientific Summit for Physiotherapy. This day, celebrated by physiotherapists worldwide, highlights the significance of their profession in improving health outcomes and enhancing patient care.

The summit featured a series of seminars led by experts, focusing on the vital role of physiotherapy in promoting mobility, preventing injuries, enhancing fitness, and supporting physical recovery. These sessions underscored the essential contributions physiotherapists make in empowering individuals to lead healthier, more active lives. The event served as a platform for physiotherapists to share knowledge and insights while recognizing the impact of their work on patients and communities. It also aligned with World Physiotherapy's broader goals of promoting the profession and advancing expertise within the field.

By facilitating increased mobility, physical activity, and overall well-being, physiotherapy remains a key element in injury prevention, rehabilitation, and helping individuals maintain an active lifestyle.

<https://sul.tiu.edu.iq/2024/09/the-first-scientific-summit-for-physiotherapy>



Scientific Trip to Baxshin Hospital's X-ray Unit- Sulaymaniyah

The Physiotherapy Department, Faculty of Applied Sciences at Tishk International University (TIUS), organized a scientific trip to Baxshin Hospital's x-ray unit for 1st grade students on February 18th, 2024. The trip, supervised by Dr. Younis Mohammed, aimed to offer students a comprehensive understanding of the x-ray units in hospitals.

Dr. Bakhtiyar Talabani, Head of X- ray Unit at Baxshin Hospital explained the process of assessment, diagnosis, and treatment, based on the diagnosis the doctors require, and discussed the different techniques and machines in the unit (X - ray, CT scan, MRI) . Our students greatly benefited from the visit and appreciated the fruitful and detailed explanations provided by the unit staff and Dr. Bakhtiyar Talabani.

Special thanks from the Physiotherapy Department at TIUS to Dr. Bakhtiyar Talabani and Baxshin Hospital for their significant cooperation and the support they had towards the students.

https://sul.tiu.edu.iq/2024/02/scientific-trip-to-x_ray-unit/-baxshin-hospital-sulaymaniyah



Good Health and Well-being

Opening the Physiotherapy clinic by Tishk International University, Sulaimani November 11th, 2024, | Physiotherapy Department.

Tishk International University Sulaimani |
2024-11-11 به‌شی چاره‌سەری سروشتی له زانکۆی نێوده‌وڵەتی تیشک-سلیمانی
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Importance of HRM in Healthcare

On October 18th, the Business and Management Department at Tishk International University (TIUS) hosted a workshop on the significance of Human Resource Management (HRM) practices within the healthcare sector. During the workshop, Mr. Yusuf, HR Manager at Smart Hospital, provided insights into the meaning and implementation of HRM in the healthcare industry. Dr. Ahmet Demir further enriched the discussion by highlighting the practical and theoretical relevance of HRM for our students. Notably, the students found the opportunity to engage with Mr. Yusuf particularly valuable, as they raised numerous questions regarding the reward and punishment systems in hospital settings.

<https://sul.tiu.edu.iq/2023/10/importance-of-hrm-in-the-healthcare>

