

TISHK INTERNATIONAL UNIVERSITY / Erbil

Sustainable Development Goals Reports: 2024-2025

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Infant Nutrition Workshop Held at Tishk International University- Faculty of Nursing

The Faculty of Nursing at Tishk International University (TIU) recently organized a successful national workshop titled “Overview of Infant Nutrition” held on November 6th. This national workshop, attended by healthcare professionals, staff and students, was initiated with an inspiring welcome speech by Research Assistant Shaimaa Shahab, followed by a ceremonial rendition of the national anthem.

Prof. Dr. Sultan Abu-Orabi, the president of the Tishk International University, gave the welcome speech, and Dr. Hiwa Banna, the dean of the nursing faculty, gave the welcome speech as well to create a colorful, supportive environment. The workshop aimed to foster a better understanding of the critical nutritional needs of infants to support their optimal growth and development. It focused on breastfeeding and formula feeding, highlighting their roles as vital sources of early nutrition. The workshop also gave an introduction on complementary foods, understanding the appropriate timing and methods to introduce solid foods. Feeding challenges were also discussed, providing information for cases where specialized nutritional support is needed.

The workshop featured in-depth presentations by three experienced speakers, starting by Dr. Norhan Zaki Shaker, who delivered a session on “Infant Nutritional Requirements” providing an extensive overview of essential nutrients for infants. Her presentation detailed key nutrients such as vitamins, minerals, and macronutrients, emphasizing their impact on growth and cognitive development.

Then, Dr. Media Abdullah presented on “Enteral and Parenteral Nutrition,” focusing on infants who require nutrition through alternative methods when oral feeding is not possible. The presentation also explained the clinical indications, benefits, and procedures involved in enteral and parenteral nutrition, providing attendees with practical insights for cases requiring advanced nutritional support. Finally, Parez Shahab, concluded the workshop with a presentation on the “Infant Nasogastric Tube Placement Procedure”, where shared valuable insights into nasogastric feeding techniques, covering the procedural steps, safety measures, and potential complications.

The workshop was attended by 35 staff and students from Faculty of Nursing at TIU. The workshop received high appreciation from attendees, noting the value of learning about diverse aspects of infant nutrition. The engaging and informative presentations by the speakers made a significant impact, providing healthcare providers with critical insights into infant nutrition and care practices.

<https://nursing.tiu.edu.iq/nursing/overview-of-infant-nutrition-workshop/>



Tishk International University's Faculty of Dentistry Extends Aid to Families in Need

On November 26th, 2024, the Dean of Students' Office at the Faculty of Dentistry, Tishk International University (TIU), organized a significant visit to support four underprivileged families in the Bnaslawra region of Erbil.

This initiative is a continuation of an ongoing charity project that commenced last year during the month of Ramadan. The families, initially identified and visited in 2023, were re-engaged through a dedicated local facilitator who has been instrumental in coordinating these efforts for both this year and the previous one. Over a two-month period, donations were diligently collected to address the pressing needs of these families. A detailed plan was developed to ensure the assistance would be impactful, focusing on covering rental fees, settling rental debts, providing essential food baskets, and offering pocket money for daily necessities. A total donation of 2,700,000 Iraqi Dinars (IQD) was successfully collected and distributed among these families.

In preparation for the visit, the Dean of Students' Office actively involved students in the project to enhance their understanding of community challenges. Students participated in the visit to gain firsthand insights into the families' situations, fostering empathy and heightened social awareness.

All four families visited face severe hardships, including orphaned children and caregivers struggling with debilitating illnesses. During the visit, students and staff members compassionately inquired about the families' needs and meticulously documented their observations to inform future charity initiatives. The project, which began its current phase in early September, successfully concluded on November 26th, 2024, unequivocally demonstrating the Faculty of Dentistry's steadfast commitment to social responsibility and sustained community support.

[/https://dentistry.tiu.edu.iq/tishk-international-university-brings-hope-to-families-in-need](https://dentistry.tiu.edu.iq/tishk-international-university-brings-hope-to-families-in-need)



Orphanage Center Visit by Faculty of Pharmacy

As part of its ongoing commitment to social responsibility, the Faculty of Pharmacy at Tishk International University (TIU) organized a visit to the Orphanage Center in Erbil on June 30, 2025. The initiative was a component of the .faculty's community service project, aiming to provide support and joy to the children at the local center

Project Initiatives

The project began with a successful fundraising campaign held on campus on February 26, 2025. The event was a collaborative effort involving the Dean of Students, faculty research assistants, and pharmacy students. Activities such as food preparation, interactive games, and the sale of handmade artwork contributed to the generous collection of .funds

Following the campaign, a meeting was held with the orphanage center's management to identify the children's specific needs. Based on this, major renovations were carried out on the garden and playground. Additionally, new .seating benches and rechargeable lights were purchased and provided to the center as part of the renovation efforts

Impact and Experience

The visit had a heartfelt impact on both the children and the participating students. The children received essential supplies and thoughtful gifts that brought them joy and a refreshing break from their daily routines. Simultaneously, the students experienced a profound lesson in empathy, compassion, and the importance of giving back to the .community

Throughout the day, students demonstrated creativity and kindness through various activities, including group games and interactive play sessions. This project was a successful example of community engagement and collaboration, reflecting the values of compassion, social equality, and collective action. It also reinforced the role of higher education in addressing social challenges while nurturing the spirit of service and unity among students and staff

[/https://pharmacy.tiu.edu.iq/community-service-project-orphanage-center-visit-by-faculty-of-pharmacy](https://pharmacy.tiu.edu.iq/community-service-project-orphanage-center-visit-by-faculty-of-pharmacy)

